



May 18, 2023

I would like to take the opportunity to introduce Bright Future Recovery—a drug and alcohol detox facility—with the hope of becoming a resource for our local community. Bright Future Recovery is a family-oriented drug and alcohol detox facility with locations in both Northern and Central California. With our wide radius, we are able to provide services throughout California.

Bright Future Recovery is a medically assisted detox program with a 24-hour on-site medical team. Bright Future Recovery's Avila Beach and Hollister locations offer residential treatment in addition to detox. One-on-one case management and collaborative post-treatment planning are also provided to ensure that our clients receive continued clinical support.

Bright Future Recovery offers comprehensive residential treatment services for a smooth transition into daily life after the detox process. Residential treatment is an essential step in the recovery process. The Bright Future atmosphere is a safe, harmonious space where clients are encouraged to identify the root of their addiction. Our core curriculum focuses on the mind-body connection and incorporates a trauma-informed approach to the healing process. Clinical support is delivered through individual, group, and family therapy focusing on evidence-based and contemporary treatment modalities such as EMDR, CBT, DBT, psychoeducation, family systems, 12-step, and non-12-step programs, equine therapy, and meditation.

We are looking to upgrade our Hollister Location which is currently a 12 bed residential program since 2017 to 22 beds (10 bed increase). At the time, our location was considered county. Now that we are in city limits, we have been taking all the necessary actions to obtain a CUP for this campus upgrade. The main building will be used for groups, office space, individual sessions. Currently we have 1 bedroom converted into an office and a shed on the side which is also converted into an office. We use living rooms as group rooms. Expanding will make our working environment much more comfortable and spacious for our team and clients. If ever anyone from the county or city would like to tour our program, I am more than happy to assist with this.

We look forward to partnering with our local community and providing support to individuals battling addiction. We are in network with a variety of insurance providers and more often than not, we work hard to provide flexible financing.



Added notes and reply to email request-

Currently our facility is operating as a 12 bed facility. When we originally opened in 2015 we were licensed as a 6 bed program. When we increased to 12 I had contacted the city to inquire about the process to do so. City said we were county and we needed to coordinate through them. County's requirement was simply to get fire clearance and turn into the state, which was done I believe back in 2016-17. Since then we have been operating as a 12 bed facility. If we ever had an emergency call, the sheriffs were the ones to come out. One day, I believe in 2021, the local PD came out for a call. When they arrived, I was shocked to see them and asked where sheriffs were? PD informed me that we are now in city lines due to new housing going in and no longer county. (I am a by the book businessperson) so I instantly reached out to the city, informing them of this and asking what I needed to do to obtain a CUP as I had already known city requires one for anything over 6 beds. Originally, city was considering grandfathering me in, until they dug deeper and found my address was technically city limits all along. City then informed me I needed to submit a CUP application.

Future goals for BFR was to eventually turn our acre into a beautiful campus. Since we were already needing to submit CUP for 12 beds, I figured we might as well get the campus design going and submit for the entire thing at once so I did not need to do it twice. So here we are :) It's been a long and expensive process. But I am passionate about BFR, what we do for our community and those needing our help to get their lives back on track. Currently, we are a single-story home with 5 bedrooms and a small shed on the side. One bedroom is converted into an office. One bedroom has 3 beds, 2 rooms have 2 beds, and the master has 5 beds, for a total of 12 beds.

We are a 24/7 residential facility licensed through the state of CA and accredited by The Joint Commission. MAXIMUM staff we have onsite at one time is 10-12. Average is 6-8. Currently it is a tight squeeze at the facility, but we make it work and clients have no complaints. However, we all dream of more space. Which is where the new admin office comes into place. The admin office consists of a reception area, conference room, group room and 3 offices. Currently our groups are held in the living room which would then be held in the new group room. Currently our staff gather to plan and discuss cases in the 1 office inside the house, this will then take place in a new conference room. We currently provide individual counseling sessions in the shed which will then take place in an actual office space. The admin office is to simply provide more space for our clients and team during the day. Nighttime Admin office will be locked and closed.



We do not allow clients to drive themselves in as it is a liability if they want to leave. (Out of sight out of mind). Families either drop their loved one off, or we have a staff member transport them in.

Visitors are allowed on Sundays between 11-4. Average is usually 3-4 families each visiting day. 1-2 people per family.

Most of our family therapy sessions are via zoom with our clinical director. If we provide in person sessions it is on Sundays during their visit. Currently these meetings are held outside patio. A quiet space in new admin office would make these conversations much more comfortable.

We do not currently offer outside meetings to come into the facility due to protection of our in-house residents. We take them to local meetings in town.

BFR has another location located at 330 Tres Pinos Rd. Suite F-3 which was just approved by the city to provide outpatient services. New admin office on Fairview would not be the outpatient office.

Occasionally we do provide tours to other professionals, therapists, facility representatives. These happen maybe once every other month. Usually 3-4 people at a time during regular business hours for about an hour or 2. This is to show other professionals what we offer and so they first hand have been to our location and have met our team.

I am attaching our daily program schedule to better understand what takes place each day. Experiential, or exercise outing is the scheduled time for outdoor amenities.

I hope these points answer all the questions asked. I want to thank you all again for all your help. I would love to provide a tour, meet in person one day so you all have a clearer understanding of BFR and the wonderful services we provide. We truly have an amazing team who have such a passion for saving lives. We have the pleasure of helping individuals heal during a very vulnerable and scary time in their life and we get to see majority of them smile big with the certificate of completion and become healthy, sober, contributing members to a crime free and drug free society.



I am requesting the city to kindly waive the Specific Plan Amendment fee. I have spent over \$200,000 on this project thus far. Between attorney fees to coordinate LLA with award homes over the past 4 years, to design and architect work for the beautiful new campus, Two traffic survey's, one personally done and one through the city. I have also paid fee for CEQA. It would be very much appreciated if this fee could be waived so we can continue this project and hopefully get approved and I can pay permit fee and get started on this wonderful project.

Please feel free to reach out anytime. We look forward to meeting with you and discussing further details.

Thank you,
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